



St. Joseph Mercy Hospital
Sleep Disorders Center
5301 East Huron River Dr.
Ann Arbor, MI 48106
Telephone (734) 712-2276
Fax (734) 712-2967

Dear Referring Physician(s):

Based on your feedback, we are changing the sleep study referral process to better suit your needs. I am pleased to announce that you may now contact Central Scheduling directly at **(734) 712-1313 option 1 twice** to schedule your patient for a sleep study. This new process will allow your office to schedule the appointment before the patient leaves your office. Please obtain the Sleep Study Direct Referral Form, and a Patient Questionnaire/Instructions online at <http://www.sjmercyhealth.org/body.cfm?id=1287> . Central Scheduling will mail the questionnaire, which includes instructions to the patient if scheduled more than 7 days out.

Please fax the completed Sleep Study Direct Referral Form to the Sleep Lab the day of scheduling. Also, please fax a History and Physical as soon as possible.

Upon completion of the sleep study, if the patient has an apnea hypopnea index less than 15, a detailed report from the Sleep Specialist, with recommendations will be sent to you within two weeks.

If the apnea hypopnea index is 15 or greater and the patient is agreeable, will be scheduled for a CPAP titration study prior to leaving the Sleep Lab. If the patient declines, they will be instructed to contact you for further discussion. If you choose, please schedule the CPAP titration study through Central Scheduling (734) 712-1313 option 1 twice at your earliest opportunity.

Upon completion of the CPAP titration study we will fax you a Durable Medical Equipment Prescription form for your authorization. Please sign and return the fax as soon as possible. The CPAP equipment will be ordered through a home care company of the patient's choice promptly upon receipt of your approval.

Please, expect to see a CMN form annually from the home care company to ensure continued CPAP equipment coverage by insurance.

If you refer a patient that is currently using CPAP and has drastic weight loss or post surgery to correct the Sleep Apnea, a diagnostic sleep test needs to be performed. The Patient will need to be off of the CPAP machine for 2 weeks prior to diagnostic test.

If at anytime you need assistance with the maintenance and follow up care of your patient once on CPAP therapy, they can be referred to the Sleep Specialists and Pulmonary Medicine.

St Joseph Mercy Hospital's Sleep Disorder Center is an accredited center and will adhere to the guidelines of the American Association of Sleep Medicine. It is a pleasure to have the opportunity to service you and your patients. I look forward to a smooth transition. I hope for a successful relationship, and to provide your patients with **Remarkable Care**. Please feel free to contact me with any questions or concerns.

Sincerely,

Fay Johnson, RRT, RPSGT.

Sleep Disorders Center Manager

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