

Saint Joseph Mercy Hospital Ann Arbor Campus INPATIENT PSYCHIATRIC PROGRAM

INTRODUCTION

Welcome to SJMH Ann Arbor Inpatient Psychiatric Program. Building better lives and a stronger community.

At SJMHS-AA the Inpatient Psychiatric Program serves:

- Adults, 18 years and older
- Voluntary or involuntary admissions
- Any patient experiencing acute psychiatric crisis

The staff on the Inpatient Psychiatric Program is committed to providing a healthy, safe and therapeutic environment for all patients. Through compressive team treatment planning and patient education, staff are able to stabilize even the most acute patients.

ADMISSIONS

The Inpatient Psychiatric Program accepts voluntary and involuntary admissions seven days a week, 24 hours per day. Referrals may be made by a general practitioner, mental health provider, and members or through self-referrals.

Admissions are facilitated through the Psychiatric Access department in the Emergency Department

FREQUENTLY ASKED QUESTIONS

If you or a family member/friend is admitted to the Inpatient Psychiatric Program at SJMHS, you may have a few questions. Please take a minute to review the following items.

How long will I be a patient on the Inpatient Psychiatric Program?

Length of stay depends on many things, including the treatment plan that is designed especially for you. Your doctor and treatment team will discuss this with you in the first few days.

How much cash can/should I have?

You do not need cash on the unit.

Can I wear my jewelry?

Because valuable items can be lost or stolen, we encourage patients to not wear or keep jewelry in their possession.

Can I make telephone calls?

There are five phones on the unit where patients may make and receive phone calls throughout the day. Telephones are not to be used during group times.

Do I need to sign a release of information for my family and friends to call me during my stay?

Not if the call is made directly to phones designated for patients. However, if family members choose to call the unit directly a signed release of information is required for staff to talk with the family member.

Can I have a TV?

There are 3 large screen TV's in the lounges for use by all patients and is free of charge.

What are 3 activities I will be required/asked to participate in?

Daily activities include goal setting, exercise, group therapy, creative expression, social skills, and daily contact with your nursing staff.

Can I smoke while on the unit?

SJMHS is a smoke free campus, smoking is not permitted.

Can I have food brought in or order take-out?

Visitors may bring food onto the unit, however the food must be consumed during that visit. Beverages must be sealed and caffeine free. Patients may not order take-out food to be delivered by an outside vendor.

What about computers and cell phones?

Laptop computers, cell phones, MP3 players are not permitted on the inpatient unit.

VISITING HOURS

Staff on the Inpatient Psychiatric Program recognizes the importance family and friends can play in the recovery and/or stabilization of an acute psychiatric emergency. Therefore, there are various times through the week that visitors may stop by the Inpatient Psychiatric Program.

- 12-2pm and 5-8pm weekdays
- Saturday, Sunday and Holidays 12 noon – 8pm
- All minors under 18 years of age must be accompanied by an adult, minors must be supervised at all times by an adult who is not the patient.

Important Inpatient Psychiatric Program Numbers:

To contact a patient:	(734) 712-0983 (lounge)
	(734) 712-0984 (lounge)
	(734) 712-0975 (A Hall kitchen)
	(734) 712-0977 (B Hall kitchen)
To contact a team member	(734) 712-6101 (main desk)

CRISIS NUMBERS

Emergency

9-1-1	911
St. Joseph Mercy Hospital Psych Access	(734) 712-2762
Psychiatric Emergency Services	(734) 996-4747
SOS Crisis Center	(734) 485-3222
National Suicide Hotline	(800) 241-4949

Area Hospitals

University of Michigan Hospital	(734) 996-4747
Chelsea Community Hospital	(734) 475-1311

INTERNET RESOURCES

National Institute of Mental Health	www.nimh.nih.gov
National Alliance of Mental Health	www.nami.org
National Mental Health Association	www.nmha.org
American Psychiatric Association	www.psych.org
American Psychological Association	www.apa.org