

INPATIENT PSYCHIATRIC PROGRAM

The Inpatient Psychiatric Program is a locked, secure unit that admits patients 18 yrs of age through older adult. Both voluntary and involuntary patients are accepted who primarily reside in Washtenaw and Livingston counties and surrounding areas. All major mental illnesses are treated.

PROGRAM ADDRESS: Saint Joseph Mercy Hospital, 1 East
5301 E. Huron River Drive
P.O. Box 995
Ann Arbor, MI 48106

PROGRAM PHONE NUMBER: 734-712-6101 FAX: 734-712-6106

SERVICE DELIVERY LEADER: Molly A. Todd, MS, RN PHONE NUMBER: 734-712-6104

HOURS: 24 hours, 7 days per week admissions, 7 days per week programming

FOR ADMISSION: Information and arrangements for evaluation to the Saint Joseph Mercy Hospital **Inpatient Psychiatric Program** can be made by calling **734 712-2762** (Psychiatric Access Department) at any time.

INSURANCES ACCEPTED (Partial list, if yours is not listed, call insurance to check eligibility):

Aetna, Blue Cross, Blue Cross Community Blue, Blue Cross Messa, Blue Cross (Out of state), Care Choices, Cigna, Health Alliance Plan (HAP), Medicare B, Medicaid/Midwest Health, Priority Health

PROBLEMS EVALUATED AND TREATED:

All major mental illnesses are treated. Depression, severe mood swings, suicidal thoughts or attempts, feelings of hopelessness, insomnia, difficulty concentrating, change in appetite, aggression, hostile and violent thoughts and or behavior, problems related to sexual, physical, or emotional abuse, thought disorders, sexual dysfunction, other high risk behaviors

FEATURES OF THE PROGRAM:

Adults are involved in programming, from 9:15 am to 8:00 pm Monday through Friday and 9:15 am - 4:30 pm weekends. Members of each discipline complete an assessment, patients receive psychopharmacological interventions, individual psychotherapy, and treatment groups: psycho- educational, general therapy and issue focused groups. The program also offers medication education, family assessment and intervention, support group information, discharge and aftercare planning.

TYPICAL DAILY SCHEDULE:

9:15 - 9:30 am	Goal setting / exercise
9:00 -10:45 am	Individual therapy appts / psychiatrist/social work (scheduled)
10:45 -12:15 pm	Group Therapy
12:15 -1:00 pm	Lunch
1:15 - 2:00 pm (W&F)	Medication Education Group
2:00 - 2:45 pm	Recreational Therapy/Transitional Skills/Spiritual Support (Mon)
3:30 - 4:30 pm	Leisure Skills/Self Awareness/Community Resources/Coping Skill
6:30 pm	Dinner
7:00 pm - 8:00 pm	Wellness Education/Recreational Therapy
8:00 pm	Relaxation

ADMISSION CRITERIA:

A mental illness that requires intensive medical intervention (concurrent serious medical conditions, acute detoxification, aggressive medication management) including a high degree of supervision (for actively suicidal patients and those with psychotic symptoms who are unable to care for their own basic needs). Patients who require intensive behavioral restrictions (where there is a serious risk of elopement or need for seclusion or physical restraints) are also admitted to this program.

PROGRAM STAFF MEMBERS:

(Phone number for all psychiatrists listed below is 734-712-6101)

Dave Beltzman, MD Psychiatrist

William Bucknam, MD Psychiatrist

Ernesto Figueroa, MD Psychiatrist

Bruce Gimbel, MD Psychiatrist

Wolfgang May, MD Psychiatrist

Daniel Mayman, MD Psychiatrist

Arcadio Ramirez, MD Psychiatrist

Temistocles Ramirez, MD Psychiatrist

Shabnum Sheikh, MD Psychiatrist

Edwin Tobes, MD Psychiatrist

Tom Zelnik, MD Psychiatrist

Robert Zimmerman, MD Psychiatrist