

## **ADOLESCENT PARTIAL HOSPITALIZATION PROGRAM**

The partial hospitalization is a non-residential program that provides daily diagnostic and treatment services for emotional and behavioral problems that interfere with an adolescent's ability to function at home, school, and in the community. The program is organized to provide individualized psychiatric care for adolescents 12 -18 yrs of age.

**PROGRAM ADDRESS:** Huron Oaks Building, 5401 McAuley Drive  
(on the campus of Saint Joseph Mercy Hospital)  
P.O. Box 995  
Ann Arbor, Mi. 48106

**PROGRAM PHONE NUMBER:** 734-712-5750

**HOURS:** 8:00 am - 4:30 am Monday through Friday

**Medical Director:** Dushyant Trivedi, MD **Phone Number:** 734-712-5704

**Program Coordinator:** Beth Steven, MA

### **FOR ADMISSION:**

Information and arrangements for evaluation to the Saint Joseph Mercy **Adolescent Partial Hospitalization Program** can be made by calling **734 712-5750**, Monday through Friday, from 8:00 am to 4:30 pm.

### **INSURANCES ACCEPTED (Partial list, if your insurance is not listed, call to check your eligibility):**

Priority Health, Health Alliance Plan (HAP), Blue Care Network (BCN), Blue Cross Messa, Blue Cross Community Blue, Blue Cross Traditional, Medicaid, Aetna, PPOMs, Out of State Blue Cross, Blue Cross Federal (out of network), Cigna (out of network)

### **PROBLEMS EVALUATED AND TREATED:**

Depression, severe mood swings, suicidal thoughts or attempts, aggression, hostile and violent behavior, problems related to sexual, physical, or emotional abuse, running away and high risk behaviors, eating disorders, unusual and aberrant behaviors, academic failure, interpersonal and social problems, disturbance in thought and mental functioning, delinquency, issues and behaviors related to sexuality

### **FEATURES OF THE PROGRAM:**

Adolescents are involved in programming, from 9 am to 3:30 pm Monday through Friday, 24 hours per day, 7 days per week support is available with back up provided by the program's medical director and the hospital's emergency department. Assessments are done by each member of the interdisciplinary team, educational testing, psychopharmacological interventions, individual psychotherapy, treatment groups: psycho-educational, general therapy and issue focused groups, educational services including individualized instruction, remedial programming, liaison work with the student's school, planning for future educational services, health care and medication education, family assessment, therapy and referral, parent support and guidance, discharge and aftercare planning, weekly aftercare.

### **ADMISSION CRITERIA:**

Patient requires daily medical observation and supervision to effect significant regulation of psychotropic and other medications.

Daily medical observation and supervision is required to minimize serious side effects of medication or to maximize medical management of co-existing medical conditions.

Life threatening or incapacitating symptoms are at the level of severity requiring daily nursing observation and behavioral interventions in order to maximize patient functioning and minimize risks to self, others and property.