



**SAINT JOSEPH MERCY
HOSPICE
GRIEF SUPPORT GROUPS
WINTER/SPRING
2010**



Grief Support Groups are supportive and educational groups focused on helping those who have experienced the death of someone significant in their life. Many people have found support groups to be very helpful in adapting to their grief. Through education, mutual support and sharing of information, members develop skills to cope with loss, and learn that they are not alone in their grief. They can then take steps to reconcile with grief, and grow because of it.

Canton Health Center

1600 S. Canton Center Road, Canton, MI 48188

5 Week Grief Recovery Series

Tuesdays, Jan. 19, 2010- Feb. 16, 2010

6:30 pm- 8:00 pm

Washtenaw Medical Arts Bldg.

3075 Clark Road, Ste. 200, Ypsilanti, MI 48197

5 Week Grief Recovery Series

Mondays, April 12, 2010- May 10, 2010

6:30 pm – 8:00 pm

“To Toss Or Treasure”

Saturday, March 20, 2010

10:30 am – 12:00 pm

“Mothers and Daughters”

Sunday, March 28, 2010

2:00 pm –3:30 pm

“Music and Grief”

Thursday, May 27, 2010

6:30 pm – 8:00 pm

“How Men Grieve”

Sunday, June 13, 2010

2:00 pm – 3:30 pm

**Independence Village of Brighton
Valley**

7700 Nemco Way, Brighton, MI 48116

Walking With Grief

Fridays, Jan. 8, 2010 – Feb. 12, 2010

10:00 am – 11:30 am

Saint Joseph Mercy Hospital

620 Byron Road, Howell, MI 48843

Walking With Grief

Thursdays, Feb. 4, 2010 – March 12, 2010

6:30 pm – 8:00 pm

Saint Joseph Mercy Hospice

907 Fowler St., Howell, MI 48843

“To Toss Or Treasure”

Saturday, March 27, 2010

10:00 am – 11:30 am

Walking With Grief

Saturdays, April 10, 2010 – May 8, 2010

10:00 am – 11:30 am

“How Men Grieve”

Saturday, June 5, 2010

9:30 am – 10:30 am

“Survivors of Suicide”

first Tuesday of the month

6:30 pm – 8:30 pm

Bereavement support services are provided free of charge, to patient’s families, friends and to individuals from our surrounding communities to assist them in adjusting to life without their loved one. Locations of grief support groups may be subject to change. Please contact Saint Joseph Mercy Hospice Bereavement Program for up to date information – (734) 327-3224 or (517) 540-9131.